

50+ Adult Walks

EVERY MONDAY

10 am start from

Armthorpe Community Centre

Welfare Park, Church Street, Armthorpe

2 mile walks around Armthorpe

Teas/coffees available after the walk



Re-discover your fitness

Beginner or active - Everyone welcome!

**For more information contact
Carl Hughes, Sports and Recreation Officer
on 07526 791188**